



Miss Farah's Disney Dancing Workout

For this game we're going to get creative and silly while getting in a fun workout. The way to play is game is very simple, follow the guide for the Disney songs to use and follow some of the suggested dance move. Mostly importantly, have fun and shake it off! Let's get grooving!

| Name of Disney song: | Dance moves to follow: |
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| Moana: "You're Welcome" | Dance out this song like the silly rooster, Heihei |
| Frozen: " Do You Wanna Build A Snowman?" | Dance out this song like a very sad, Olaf |
| Lion King: "I Just Can't Wait To Be King" | Dance out this song like the evil lion, Scar |
| Finding Nemo: "Just Keep Swimming" | Dance out this song like the crazy shark, Bruce |
| Monsters Inc: If I Don't Have You" | Dance out this song like cute little, Boo. |
| Toy Story: "You've Got A Friend In Me" | Dance out this song like Woody's trusty friend, Slinky Dog |

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