

Banana Ice Cream

Ingredients

- Bananas
- Whipped Cream
- Honey (optional)



Directions:

- 1) Peel a banana and break into small pieces inside a container with a lid.
- 2) Add in honey for an extra sweet taste if you want
- 3) With a fork, start mashing the banana until it looks like baby food and it is smooth.
- 4) Cover the container and place into the freezer for two hours.
- 5) Remove from freezer and top it with whipped cream. Enjoy!

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