

# The Coral Gables

GOLF & COUNTRY CLUB

## ATHLETIC CLUB

### PERSONAL TRAINING PACKAGES



Additional information:  
[CountryClub@CoralGables.com](mailto:CountryClub@CoralGables.com)  
or 786-483-7626

## PERSONAL TRAINING RATES

### MEMBER RATES FOR PRIVATE PERSONAL TRAINING SESSIONS BY PACKAGE

#### Individual 1-Hour Sessions

1 Session.....	\$85
8 Sessions .....	\$600
(\$75 per session)	(\$80 savings)
16 Sessions .....	\$1,040
(\$65 per session)	(\$320 savings)

#### 30 Minute Sessions

1 Session.....	\$50
8 Sessions .....	\$360
(\$45 per session)	(\$40 savings)

#### Couples 1-Hour Sessions

1 Session.....	\$100
8 Sessions .....	\$720
(\$90 per session)	(\$80 savings)
16 Sessions .....	\$1,280
(\$80 per session)	(\$320 savings)

#### Family 1-Hour Sessions

24 Sessions (\$65 per session):	\$1,560
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