


# FALL 2021 PROGRAM CALENDAR FOR ADULT ACTIVITY CENTER

## September 2021

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<p>1</p> <p><b>10:00am</b> Baton Twirling GR  <b>10:00am</b> French Conversation R120  <b>12:00pm</b> Body &amp; Brain Yoga GR  <b>1:00pm</b> Scrapbooking R120  <b>2:00pm</b> Pickleball GR</p>	<p>2</p> <p><b>9:00am</b> Tai Chi GR  <b>10:00am</b> Total Body Conditioning GR  <b>10:00am</b> French Conversation R120  <b>11:00am</b> Improv It! R121  <b>11:15am</b> Zumba GR  <b>12:30pm</b> Life in Motion GR  <b>4:00pm Senior Advisory Board Meeting CR</b></p>	<p>3</p> <p><b>10:00am</b> Barre GR  <b>10:30am</b> Arts, Crafts &amp; Conversations CR121  <b>10:30am</b> Gameday CR120  <b>11:15am</b> Pilates GR  <b>11:30am</b> La Comunidad Escucha y Apoya CR  <b>1:00pm</b> Knitting, Crochet &amp; Embroidery R121  <b>2:00pm</b> Brain Gym ML  <b>2:00pm</b> Pickleball GR</p>	<p>4</p>
<p>6</p>  <p><b>Facility Closed</b></p>	<p>7</p> <p><b>9:00am</b> Tai Chi GR  <b>10:00am</b> Total Body Conditioning GR  <b>11:00am</b> Advanced Bridge R121  <b>11:00am</b> Retirement Support Group CR  <b>11:15am</b> Zumba GR  <b>12:30pm</b> English Conversation R120  <b>2:00pm</b> Embracing Aging CR  <b>3:00pm</b> Open Bridge R121</p>	<p>8</p> <p><b>10:00am</b> Baton Twirling GR  <b>10:00am</b> French Conversation R120  <b>11:00am</b> Golden Passport ML  <b>11:30am</b> Spanish Book Club CR  <b>12:00pm</b> Body &amp; Brain Yoga GR  <b>1:00pm</b> Scrapbooking R120 R121  <b>2:00pm</b> Pickleball GR</p>	<p>9</p> <p><b>9:00am</b> Tai Chi GR  <b>10:00am</b> Total Body Conditioning GR  <b>10:00 am</b> French Conv. R120  <b>11:00am</b> Improv It! R121  <b>11:15am</b> Zumba GR  <b>12:30pm</b> Life in Motion GR  <b>4:30pm</b> MS Support Group R121</p>	<p>10</p> <p><b>10:00am</b> Barre GR  <b>10:30am</b> Arts, Crafts &amp; Conversations CR121  <b>11:15am</b> Pilates GR  <b>10:30am</b> Gameday CR120  <b>1:00pm</b> Knitting, Crochet &amp; Embroidery R121  <b>2:00pm</b> Brain Gym ML  <b>2:00pm</b> Pickleball GR</p>	<p>11</p> <p><b>10:00am</b> Hearing Loss Meeting</p>
<p>13</p> <p><b>10:00am</b> Pilates GR  <b>11:15am</b> Line Dance GR  <b>12:30pm</b> Life in Motion GR  <b>1:00pm</b> Knitting, Crochet &amp; Embroidery R121</p>	<p>14</p> <p><b>9:00am</b> Tai Chi GR  <b>10:00am</b> Total Body Conditioning GR <b>VIDEO</b>  <b>11:00am</b> Advanced Bridge R121  <b>11:15am</b> Zumba GR <b>VIDEO</b>  <b>12:30pm</b> English Conversation R120  <b>2:00pm</b> Embracing Aging CR  <b>3:00pm</b> Open Bridge R121</p>	<p>15</p> <p><b>10:00am</b> Baton Twirling GR  <b>10:00am</b> French Conversation R120  <b>12:00pm</b> Body &amp; Brain Yoga GR  <b>1:00pm</b> Scrapbooking R120  <b>2:00pm</b> Pickleball GR</p>	<p>16</p> <p><b>9:00am</b> Tai Chi GR  <b>10:00am</b> Total Body Conditioning GR <b>VIDEO W/BANDS</b>  <b>10:00 am</b> French Conv. R120  <b>11:00am</b> Improv It! R121  <b>11:15am</b> Zumba GR <b>VIDEO</b>  <b>12:30pm</b> Life in Motion GR <b>VIDEO</b></p>	<p>17</p> <p><b>10:00am</b> Barre GR <b>CANCELLED</b>  <b>10:30am</b> Arts, Crafts &amp; Conversations CR121  <b>11:15am</b> Pilates GR <b>VIDEO</b>  <b>10:30am</b> Gameday CR120  <b>1:00pm</b> Knitting, Crochet &amp; Embroidery R121  <b>2:00pm</b> Brain Gym ML  <b>2:00pm</b> Pickleball GR</p>	<p>18</p>
<p>20</p> <p><b>10:00am</b> Pilates GR <b>VIDEO</b>  <b>11:15am</b> Line Dance GR <b>VIDEO</b>  <b>12:30pm</b> Life in Motion GR <b>VIDEO</b>  <b>1:00pm</b> Knitting, Crochet &amp; Embroidery R121</p>	<p>21</p> <p><b>9:00am</b> Tai Chi GR  <b>10:00am</b> Total Body Conditioning GR  <b>11:00am</b> Advanced Bridge R121  <b>11:15am</b> Zumba GR  <b>12:30pm</b> English Conversation R120  <b>2:00pm</b> Embracing Aging CR  <b>3:00pm</b> Open Bridge R121</p>	<p>22</p> <p><b>10:00am</b> Baton Twirling GR  <b>10:00am</b> French Conversation R120  <b>11:00am</b> Golden Passport ML  <b>12:00pm</b> Body &amp; Brain Yoga GR  <b>1:00pm</b> Scrapbooking R120  <b>2:00pm</b> Pickleball GR</p>	<p>23</p> <p><b>9:00am</b> Tai Chi GR  <b>10:00am</b> TBC GR  <b>10:00 am</b> French Conv. R120  <b>11:00am</b> Improv It! R121  <b>11:15am</b> Zumba GR  <b>12:30pm</b> Life in Motion GR  <b>12:30pm</b> Alzheimer Support Group R120  <b>5:30pm</b> Mayor Lago's Town Hall Meeting GR</p>	<p>24</p> <p><b>10:00am</b> Barre GR  <b>10:30am</b> Arts, Crafts &amp; Conversations CR121  <b>10:30am</b> Gameday CR120  <b>11:15am</b> Pilates GR  <b>11:30am</b> La Comunidad Escucha y Apoya CR  <b>1:00pm</b> Knitting, Crochet &amp; Embroidery R121  <b>2:00pm</b> Brain Gym ML  <b>2:00pm</b> Pickleball GR</p>	<p>25</p> <p><b>10:00am</b> S.H.I.N.E. Medicare 101 (Spanish)</p>
<p>27</p> <p><b>10:00am</b> Pilates GR  <b>11:15am</b> Line Dance GR  <b>12:30pm</b> Life in Motion GR  <b>1:00pm</b> Knitting, Crochet &amp; Embroidery R121</p>	<p>28</p> <p><b>9:00am</b> Tai Chi GR  <b>10:00am</b> Total Body Conditioning GR  <b>11:00am</b> Adv. Bridge R121  <b>11:15am</b> Zumba GR  <b>12:30pm</b> English Conversation R120  <b>2:00pm</b> Embracing Aging CR  <b>3:00pm</b> Open Bridge R121</p>	<p>29</p> <p><b>10:00am</b> Baton Twirling GR  <b>10:00am</b> French Conversation R120  <b>12:00pm</b> Body &amp; Brain Yoga GR  <b>1:00pm</b> Scrapbooking R120  <b>2:00pm</b> Pickleball GR</p>	<p>30</p> <p><b>9:00am</b> Tai Chi GR  <b>10:00am</b> Total Body Conditioning GR  <b>10:00am</b> French Conversation R120  <b>11:00am</b> Improv It! R121  <b>11:15am</b> Zumba GR  <b>12:30pm</b> Life in Motion GR</p>		




# FALL 2021 PROGRAM CALENDAR FOR ADULT ACTIVITY CENTER

## October 2021

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 <b>10:00am</b> Barre GR <b>10:30am</b> Arts, Crafts & Conversations CR121 <b>10:30am</b> Gameday CR120 <b>11:15am</b> Pilates GR <b>11:30am</b> La Comunidad Escucha y Apoya CR <b>1:00pm</b> Knit., Crochet R121 <b>2:00pm</b> Brain Gym ML <b>2:00pm</b> Pickleball GR	2 <b>10:00am</b> S.H.I.N.E. Medicare 101 (English)
4 <b>10:00am</b> Pilates GR <b>11:15am</b> Line Dance GR <b>12:30pm</b> Life in Motion GR <b>1:00pm</b> Knitting, Crochet & Embroidery R121	5 <b>9:00am</b> Tai Chi GR <b>10:00am</b> TBC GR <b>11:00am</b> Adv. Bridge R121 <b>11:00am</b> Retirement Support Group CR <b>11:15am</b> Zumba GR <b>12:30pm</b> English Conversation R120 <b>2:00pm</b> Embracing Aging CR <b>3:00pm</b> Open Bridge R121	6 <b>10:00am</b> Baton Twirling GR <b>10:00am</b> French Conversation R120 <b>12:00pm</b> Body & Brain Yoga GR <b>1:00pm</b> Scrapbooking R120 <b>2:00pm</b> Pickleball GR	7 <b>9:00am</b> Tai Chi GR <b>10:00am</b> Total Body Conditioning GR <b>10:00am</b> French Conversation R120 <b>11:00am</b> Improv It! R121 <b>11:15am</b> Zumba GR <b>12:30pm</b> Life in Motion GR <b>4:00pm</b> Senior Advisory Board Meeting CR	8 <b>10:00am</b> Barre GR <b>10:30am</b> Arts, Crafts & Conversations CR121 <b>11:15am</b> Pilates GR <b>10:30am</b> Gameday CR120 <b>1:00pm</b> Knitting, Crochet & Embroidery R121 <b>2:00pm</b> Brain Gym ML <b>2:00pm</b> Pickleball GR	9 <b>10:00am</b> Hearing Loss Meeting
11 <b>10:00am</b> Pilates GR <b>11:15am</b> Line Dance GR <b>12:30pm</b> Life in Motion GR <b>1:00pm</b> Knitting, Crochet & Embroidery R121	12 <b>9:00am</b> Tai Chi GR <b>10:00am</b> TBC GR <b>11:00am</b> Adv. Bridge R121 <b>11:00am</b> Retirement Support Group CR <b>11:15am</b> Zumba GR <b>12:30pm</b> English Conversation R120 <b>2:00pm</b> Embracing Aging CR <b>3:00pm</b> Open Bridge R121	13 <b>10:00am</b> Baton Twirling GR <b>10:00am</b> French Conversation R120 <b>11:00am</b> Golden Passport ML <b>11:30am</b> Spanish Book Club CR <b>12:00pm</b> Body & Brain Yoga GR <b>1:00pm</b> Scrapbooking R120 R121 <b>2:00pm</b> Pickleball GR	14 <b>9:00am</b> Tai Chi GR <b>10:00am</b> Total Body Conditioning GR <b>10:00am</b> French Conversation R120 <b>11:00am</b> Improv It! R121 <b>11:15am</b> Zumba GR <b>12:30pm</b> Life in Motion GR <b>4:30pm</b> MS Support Group R121	15 <b>10:00am</b> Barre GR <b>10:30am</b> Arts, Crafts & Conversations CR121 <b>11:15am</b> Pilates GR <b>10:30am</b> Gameday CR120 <b>1:00pm</b> Knitting, Crochet & Embroidery R121 <b>2:00pm</b> Brain Gym ML <b>2:00pm</b> Pickleball GR	16
18 <b>10:00am</b> Pilates GR <b>11:15am</b> Line Dance GR <b>12:30pm</b> Life in Motion GR <b>1:00pm</b> Knitting, Crochet & Embroidery R121	19 <b>9:00am</b> Tai Chi GR <b>10:00am</b> TBC GR <b>11:00am</b> Adv. Bridge R121 <b>11:00am</b> Retirement Support Group CR <b>11:15am</b> Zumba GR <b>12:30pm</b> English Conversation R120 <b>2:00pm</b> Embracing Aging CR <b>3:00pm</b> Open Bridge R121	20 <b>10:00am</b> Baton Twirling GR <b>10:00am</b> French Conversation R120 <b>12:00pm</b> Body & Brain Yoga GR <b>1:00pm</b> Scrapbooking R120 <b>2:00pm</b> Pickleball GR	21 <b>9:00am</b> Tai Chi GR <b>10:00am</b> Total Body Conditioning GR <b>10:00am</b> French Conversation R120 <b>11:00am</b> Improv It! R121 <b>11:15am</b> Zumba GR <b>12:30pm</b> Life in Motion GR	22 <b>10:00am</b> Barre GR <b>10:30am</b> Arts, Crafts & Conversations CR121 <b>10:30am</b> Gameday CR120 <b>11:15am</b> Pilates GR <b>11:30am</b> La Comunidad Escucha y Apoya CR <b>1:00pm</b> Knitting, Crochet & Embroidery R121 <b>2:00pm</b> Brain Gym ML <b>2:00pm</b> Pickleball GR	23
25 <b>10:00am</b> Pilates GR <b>11:15am</b> Line Dance GR <b>12:30pm</b> Life in Motion GR <b>1:00pm</b> Knitting, Crochet & Embroidery R121	26 <b>9:00am</b> Tai Chi GR <b>10:00am</b> TBC GR <b>11:00am</b> Adv. Bridge R121 <b>11:00am</b> Retirement Support Group CR <b>11:15am</b> Zumba GR <b>12:30pm</b> English Conversation R120 <b>2:00pm</b> Embracing Aging CR <b>3:00pm</b> Open Bridge R121	27 <b>10:00am</b> Baton Twirling GR <b>10:00am</b> French Conversation R120 <b>11:00am</b> Golden Passport ML <b>12:00pm</b> Body & Brain Yoga GR <b>1:00pm</b> Scrapbooking R120 <b>2:00pm</b> Pickleball GR	28 <b>9:00am</b> Tai Chi GR <b>10:00am</b> Total Body Conditioning GR <b>10:00am</b> French Conversation R120 <b>11:00am</b> Improv It! R121 <b>11:15am</b> Zumba GR <b>12:30pm</b> Life in Motion GR <b>12:30pm</b> Alzheimer Support Group R120	29 <b>10:00am</b> Barre GR <b>10:30am</b> Arts, Crafts & Conversations CR121 <b>11:15am</b> Pilates GR <b>10:30am</b> Gameday CR120 <b>1:00pm</b> Knitting, Crochet & Embroidery R121 <b>2:00pm</b> Brain Gym ML <b>2:00pm</b> Pickleball GR	30

FALL 2021 PROGRAM CALENDAR FOR ADULT ACTIVITY CENTER

November 2021

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>1</b>  <b>10:00am</b> Pilates GR  <b>11:15am</b> Line Dance GR  <b>12:30pm</b> Life in Motion GR <b>1:00pm</b> Knitting, Crochet &amp; Embroidery R121</p>	<p><b>2</b>  <b>9:00am</b> Tai Chi GR  <b>10:00am</b> Total Body Conditioning GR  <b>11:00am</b> Advanced Bridge R121  <b>11:00am</b> Retirement Support Group CR  <b>11:15am</b> Zumba GR  <b>12:30pm</b> English Conversation R120  <b>2:00pm</b> Embracing Aging CR  <b>3:00pm</b> Open Bridge R121</p>	<p><b>3</b>  <b>10:00am</b> Baton Twirling GR  <b>10:00am</b> French Conversation R120  <b>12:00pm</b> Body &amp; Brain Yoga GR  <b>1:00pm</b> Scrapbooking R120  <b>2:00pm</b> Pickleball GR</p>	<p><b>4</b>  <b>9:00am</b> Tai Chi GR  <b>10:00am</b> Total Body Conditioning GR  <b>10:00am</b> French Conv. R120  <b>11:00am</b> Improv It! R121  <b>11:15am</b> Zumba GR  <b>12:30pm</b> Life in Motion GR  <b>4:00pm</b> Senior Advisory Board Meeting CR</p>	<p><b>5</b>  <b>10:00am</b> Barre GR  <b>10:30am</b> Arts, Crafts &amp; Conversations CR121  <b>10:30am</b> Gameday CR120  <b>11:15am</b> Pilates GR  <b>11:30am</b> La Comunidad Escucha y Apoya CR  <b>1:00pm</b> Knitting, Crochet &amp; Embroidery R121  <b>2:00pm</b> Brain Gym ML  <b>2:00pm</b> Pickleball GR</p>	<p><b>6</b></p>
<p><b>8</b>  <b>10:00am</b> Pilates GR  <b>11:15am</b> Line Dance GR  <b>12:30pm</b> Life in Motion GR <b>1:00pm</b> Knitting, Crochet &amp; Embroidery R121</p>	<p><b>9</b>  <b>9:00am</b> Tai Chi GR  <b>10:00am</b> Total Body Conditioning GR  <b>11:00am</b> Advanced Bridge R121  <b>11:00am</b> Retirement Support Group CR  <b>11:15am</b> Zumba GR  <b>12:30pm</b> English Conversation R120  <b>2:00pm</b> Embracing Aging CR  <b>3:00pm</b> Open Bridge R121</p>	<p><b>10</b>  <b>10:00am</b> Baton Twirling GR  <b>10:00am</b> French Conversation R120  <b>11:00am</b> Golden Passport ML  <b>11:30am</b> Spanish Book Club CR  <b>12:00pm</b> Body &amp; Brain Yoga GR  <b>1:00pm</b> Scrapbooking R120 R121  <b>2:00pm</b> Pickleball GR</p>	<p><b>11</b></p>  <p><b>Holiday Hours</b>  <b>Open</b>  <b>9am-2pm</b></p>	<p><b>12</b>  <b>10:00am</b> Barre GR  <b>10:30am</b> Arts, Crafts &amp; Conversations CR121  <b>11:15am</b> Pilates GR  <b>10:30am</b> Gameday CR120  <b>1:00pm</b> Knitting, Crochet &amp; Embroidery R121  <b>2:00pm</b> Brain Gym ML  <b>2:00pm</b> Pickleball GR</p>	<p><b>13</b>  <b>10:00am</b> Hearing Loss Meeting</p>
<p><b>15</b>  <b>10:00am</b> Pilates GR  <b>11:15am</b> Line Dance GR  <b>12:30pm</b> Life in Motion GR <b>1:00pm</b> Knitting, Crochet &amp; Embroidery R121</p>	<p><b>16</b>  <b>9:00am</b> Tai Chi GR  <b>10:00am</b> Total Body Conditioning GR  <b>11:00am</b> Advanced Bridge R121  <b>11:00am</b> Retirement Support Group CR  <b>11:15am</b> Zumba GR  <b>12:30pm</b> English Conversation R120  <b>2:00pm</b> Embracing Aging CR  <b>3:00pm</b> Open Bridge R121</p>	<p><b>17</b>  <b>10:00am</b> Baton Twirling GR  <b>10:00am</b> French Conversation R120  <b>12:00pm</b> Lunch &amp; Learn R121  <b>12:00pm</b> Body &amp; Brain Yoga GR  <b>1:00pm</b> Scrapbooking R120  <b>2:00pm</b> Pickleball GR</p>	<p><b>18</b>  <b>9:00am</b> Tai Chi GR  <b>10:00am</b> Total Body Conditioning GR  <b>10:00am</b> French Conv. R120  <b>11:00am</b> Improv It! R121  <b>11:15am</b> Zumba GR  <b>12:30pm</b> Life in Motion GR</p>	<p><b>19</b>  <b>10:00am</b> Barre GR  <b>10:30am</b> Arts, Crafts &amp; Conversations CR121  <b>11:15am</b> Pilates GR  <b>10:30am</b> Gameday CR120  <b>11:30am</b> La Comunidad Escucha y Apoya CR  <b>1:00pm</b> Knitting, Crochet &amp; Embroidery R121  <b>2:00pm</b> Brain Gym ML  <b>2:00pm</b> Pickleball GR</p>	<p><b>20</b></p>
<p><b>22</b>  <b>10:00am</b> Pilates GR  <b>11:15am</b> Line Dance GR  <b>12:30pm</b> Life in Motion GR <b>1:00pm</b> Knitting, Crochet &amp; Embroidery R121</p>	<p><b>23</b>  <b>9:00am</b> Tai Chi GR  <b>10:00am</b> Total Body Conditioning GR  <b>11:00am</b> Advanced Bridge R121  <b>11:00am</b> Retirement Support Group CR  <b>11:15am</b> Zumba GR  <b>12:30pm</b> English Conversation R120  <b>2:00pm</b> Embracing Aging CR  <b>3:00pm</b> Open Bridge R121</p>	<p><b>24</b>  <b>10:00am</b> Baton Twirling GR  <b>10:00am</b> French Conversation R120  <b>11:00am</b> Golden Passport ML  <b>12:00pm</b> Body &amp; Brain Yoga GR  <b>1:00pm</b> Scrapbooking R120  <b>2:00pm</b> Pickleball GR</p>	<p><b>25</b></p>  <p><b>Facility Closed</b></p>	<p><b>26</b></p>  <p><b>Facility Closed</b></p>	<p><b>27</b></p>

# FALL 2021 PROGRAM CALENDAR FOR ADULT ACTIVITY CENTER

## December 2021

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>November 29</b> <b>10:00am</b> Pilates GR <b>11:15am</b> Line Dance GR <b>12:30pm</b> Life in Motion GR <b>1:00pm</b> Knitting, Crochet & Embroidery R121	<b>November 30</b> <b>9:00am</b> Tai Chi GR <b>10:00am</b> TBC GR <b>11:00am</b> Adv. Bridge R121 <b>11:00am</b> Retirement Support Group CR <b>11:15am</b> Zumba GR <b>12:30pm</b> English Conv. R120 <b>2:00pm</b> Embracing Aging CR <b>3:00pm</b> Open Bridge R121	<b>1</b> <b>10:00am</b> Baton Twirling GR <b>10:00am</b> French Conversation R120 <b>12:00pm</b> Body & Brain Yoga GR <b>1:00pm</b> Scrapbooking R120 <b>2:00pm</b> Pickleball GR	<b>2</b> <b>9:00am</b> Tai Chi GR <b>10:00am</b> Total Body Conditioning GR <b>10:00am</b> French Conv. R120 <b>11:00am</b> Improv It! R121 <b>11:15am</b> Zumba GR <b>12:30pm</b> Life in Motion GR <b>4:00pm</b> Senior Advisory Board Meeting CR	<b>3</b> <b>10:00am</b> Barre GR <b>10:30am</b> Arts, Crafts & Conversations CR121 <b>10:30am</b> Gameday CR120 <b>11:15am</b> Pilates GR <b>11:30am</b> La Comunidad Escucha y Apoya CR <b>1:00pm</b> Knitting, Crochet & Embroidery R121 <b>2:00pm</b> Brain Gym ML <b>2:00pm</b> Pickleball GR	<b>4</b>
<b>6</b> <b>10:00am</b> Pilates GR <b>11:15am</b> Line Dance GR <b>12:30pm</b> Life in Motion GR <b>1:00pm</b> Knitting, Crochet & Embroidery R121	<b>7</b> <b>9:00am</b> Tai Chi GR <b>10:00am</b> TBC GR <b>11:00am</b> Adv. Bridge R121 <b>11:00am</b> Retirement Support Group CR <b>11:15am</b> Zumba GR <b>12:30pm</b> English Conv. R120 <b>2:00pm</b> Embracing Aging CR <b>3:00pm</b> Open Bridge R121	<b>8</b> <b>10:00am</b> Baton Twirling GR <b>10:00am</b> French Conversation R120 <b>11:00am</b> Golden Passport ML <b>11:30am</b> Spanish Book Club CR <b>12:00pm</b> Body & Brain Yoga GR <b>1:00pm</b> Scrapbooking R120 <b>2:00pm</b> Pickleball GR	<b>9</b> <b>9:00am</b> Tai Chi GR <b>10:00am</b> Total Body Conditioning GR <b>10:00am</b> French Conv. R120 <b>11:00am</b> Improv It! R121 <b>11:15am</b> Zumba GR <b>12:30pm</b> Life in Motion GR <b>4:30pm</b> MS Support Group R121	<b>10</b> <b>10:00am</b> Barre GR <b>10:30am</b> Arts, Crafts & Conversations CR121 <b>11:15am</b> Pilates GR <b>10:30am</b> Gameday CR120 <b>1:00pm</b> Knitting, Crochet & Embroidery R121 <b>2:00pm</b> Brain Gym ML <b>2:00pm</b> Pickleball GR	<b>11</b> <b>10:00am</b> Hearing Loss Meeting
<b>13</b> <b>10:00am</b> Pilates GR <b>11:15am</b> Line Dance GR <b>12:30pm</b> Life in Motion GR <b>1:00pm</b> Knitting, Crochet & Embroidery R121	<b>14</b> <b>9:00am</b> Tai Chi GR <b>10:00am</b> TBC GR <b>11:00am</b> Adv. Bridge R121 <b>11:00am</b> Retirement Support Group CR <b>11:15am</b> Zumba GR <b>12:30pm</b> English Conv. R120 <b>2:00pm</b> Embracing Aging CR <b>3:00pm</b> Open Bridge R121	<b>15</b> <b>10:00am</b> Baton Twirling GR <b>10:00am</b> French Conversation R120 <b>12:00pm</b> Body & Brain Yoga GR <b>1:00pm</b> Scrapbooking R120 <b>2:00pm</b> Pickleball GR	<b>16</b> <b>9:00am</b> Tai Chi GR <b>10:00am</b> Total Body Conditioning GR <b>10:00am</b> French Conv. R120  <b>10:00am</b> French Conv. R120 <b>11:00am</b> Improv It! R121 <b>11:15am</b> Zumba GR <b>12:30pm</b> Life in Motion GR	<b>17</b> <b>10:00am</b> Barre GR <b>10:30am</b> Arts, Crafts & Conversations CR121 <b>11:15am</b> Pilates GR <b>10:30am</b> Gameday CR120 <b>11:30am</b> La Comunidad Escucha y Apoya CR <b>1:00pm</b> Knitting, Crochet & Embroidery R121 <b>2:00pm</b> Brain Gym ML <b>2:00pm</b> Pickleball GR	<b>18</b>
<b>20</b> <b>10:00am</b> Pilates GR <b>11:15am</b> Line Dance GR <b>12:30pm</b> Life in Motion GR <b>1:00pm</b> Knitting, Crochet & Embroidery R121	<b>21</b> <b>9:00am</b> Tai Chi GR <b>10:00am</b> TBC GR <b>11:00am</b> Adv. Bridge R121 <b>11:00am</b> Retirement Support Group CR <b>11:15am</b> Zumba GR <b>12:30pm</b> English Conv. R120 <b>2:00pm</b> Embracing Aging CR <b>3:00pm</b> Open Bridge R121	<b>22</b> <b>10:00am</b> Baton Twirling GR <b>10:00am</b> French Conversation R120 <b>11:00am</b> Golden Passport ML <b>12:00pm</b> Body & Brain Yoga GR <b>1:00pm</b> Scrapbooking R120 <b>2:00pm</b> Pickleball GR	<b>23</b> <b>9:00am</b> Tai Chi GR <b>10:00am</b> Total Body Conditioning GR <b>10:00am</b> French Conv. R120 <b>11:00am</b> Improv It! R121 <b>11:15am</b> Zumba GR <b>12:30pm</b> Life in Motion GR <b>12:30pm</b> Alzheimer Support Group R120	<b>24</b>   <b>Facility Closed</b>	<b>25</b>
<b>27</b> <b>10:00am</b> Pilates GR <b>11:15am</b> Line Dance GR <b>12:30pm</b> Life in Motion GR <b>1:00pm</b> Knitting, Crochet & Embroidery R121	<b>28</b> <b>9:00am</b> Tai Chi GR <b>10:00am</b> TBC GR <b>11:00am</b> Adv. Bridge R121 <b>11:00am</b> Retirement Support Group CR <b>11:15am</b> Zumba GR <b>12:30pm</b> English Conv. R120 <b>2:00pm</b> Embracing Aging CR <b>3:00pm</b> Open Bridge R121	<b>29</b> <b>10:00am</b> Baton Twirling GR <b>10:00am</b> French Conversation R120 <b>12:00pm</b> Body & Brain Yoga GR <b>1:00pm</b> Scrapbooking R120 <b>2:00pm</b> Pickleball GR	<b>30</b> <b>9:00am</b> Tai Chi GR <b>10:00am</b> Total Body Conditioning GR <b>10:00am</b> French Conv. R120 <b>11:00am</b> Improv It! R121 <b>11:15am</b> Zumba GR <b>12:30pm</b> Life in Motion GR	<b>31</b>   <b>Holiday Hours</b> <b>Open</b> <b>9am-2pm</b>	