

June 2022

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
AR = Art Room CR = Conference Room GR = Great Room ML = Media Library R120 = Classroom 120 R121 = Classroom 121 V = VIDEO		1 10 a.m. Baton Twirling GR 10 a.m. French Conversation CR 11 a.m.: Tai Chi/ Chair Tai Chi GR 12 p.m. Body & Brain Yoga GR 1 p.m. Scrapbooking R121 2 p.m. Pickleball GR	2 10 a.m. Total Body Conditioning GR V 10:00 am French Conv. CR 11:15 a.m. Zumba GR V 12:30 p.m. Life in Motion GR V 2 p.m. Current Events R120 4:00 p.m. Senior Advisory Board Meeting CR	3 10 a.m. Barre GR CANCELLED 10:30 a.m. Arts, Crafts & Conversations AR 10:30 a.m. Gameday R120 11:30 a.m. La Comunidad Escucha y Apoya CR 1 p.m. Knitting, Crochet & Embroidery R121 2 p.m. Pickleball GR	4
6 10 a.m. Pilates GR V 11:15 a.m. Line Dance GR V 12:30 p.m. Life in Motion GR V 1 p.m. Knitting, Crochet & Embroidery R121	7 10 a.m. Total Body Conditioning GR V 11 a.m. Advanced Bridge R121 11:15 a.m. Zumba GR V 12:30 p.m. English Conversation R120 1:30 p.m. Open Bridge R120 2:00 p.m. Embracing Aging CR	8 10 a.m. Baton Twirling GR 10 a.m. French Conversation CR 11 a.m.: Tai Chi/ Chair Tai Chi GR 11 a.m. Golden Pass 11:30 a.m. Spanish Book Club CR 12 p.m. Body & Brain Yoga GR 1 p.m. Scrapbooking R121 2 p.m. Pickleball GR	9 10 a.m. Total Body Conditioning GR V 10:00 am French Conv. CR 11:15 a.m. Zumba GR V 12:30 p.m. Life in Motion GR V 2 p.m. Current Events R120 4:30 p.m. MS Support Group R121	10 10 a.m. Barre GR CANCELLED 10:30 a.m. Arts, Crafts & Conversations AR 10:30 a.m. Gameday R120 1 p.m. Knitting, Crochet & Embroidery R121 2 p.m. Brain Gym ML 2 p.m. Pickleball GR	11
13 10 a.m. Pilates GR V 10:30 a.m. Drawing & Painting AR 11:15 a.m. Line Dance GR V 12:30 p.m. Life in Motion GR V 1 p.m. Knitting, Crochet & Embroidery R121	14 10 a.m. Total Body Conditioning GR 11 a.m. Advanced Bridge R121 11:15 a.m. Zumba GR 12:30 p.m. English Conversation R120 1:30 p.m. Open Bridge R120 2:00 p.m. Embracing Aging CR	15 10 a.m. Baton Twirling GR 10 a.m. French Conversation CR 11 a.m.: Tai Chi/ Chair Tai Chi GR 12 p.m. Body & Brain Yoga GR 1 p.m. Scrapbooking r121 2 p.m. Pickleball GR	16 10 a.m. TBC GR 10:00 am French Conv. CR 10:30 a.m. Beginner Spanish ML 11:15 a.m. Zumba GR 12:30 p.m. Life in Motion GR 2 p.m. Current Events R120	17 10 a.m. Barre GR 10:30 a.m. Arts, Crafts & Conversations AR 10:30 a.m. Gameday R120 1 p.m. Knitting, Crochet & Embroidery R121 2 p.m. Brain Gym ML 2 p.m. Pickleball GR	18
20 10 a.m. Pilates GR 10:30 a.m. Drawing & Painting AR 11:15 a.m. Line Dance GR 12:30 p.m. Life in Motion GR 1 p.m. Knitting, Crochet & Embroidery R121 REGISTRATION for JULY PICKLEBALL RESIDENTS	21 10 a.m. Total Body Conditioning GR 11 a.m. Adv. Bridge R121 11:15 a.m. Zumba GR 12:30 p.m. English Conversation R120 1:30 p.m. Open Bridge R120 2:00 p.m. Embracing Aging CR	22 10 a.m. Baton Twirling GR 10 a.m. French Conversation CR 11 a.m.: Tai Chi/ Chair Tai Chi GR 11 a.m. Golden Pass 12 p.m. Body & Brain Yoga GR 1 p.m. Scrapbooking R121 2 p.m. Pickleball GR	23 10 a.m. Total Body Conditioning GR 10 a.m. French Conversation CR 10:30 a.m. Beginner Spanish ML 11:15 a.m. Zumba GR 12:30 p.m. Life in Motion GR 2 p.m. Current Events R120	24 10 a.m. Barre GR 10:30 a.m. Arts, Crafts & Conversations AR 10:30 a.m. Gameday CR120 11:30 a.m. La Comunidad Escucha y Apoya CR 1 p.m. Knitting, Crochet & Embroidery R121 2 p.m. Brain Gym ML 2 p.m. Pickleball GR	25
27 10 a.m. Pilates GR 10:30 a.m. Drawing & Painting AR 11:15 a.m. Line Dance GR 12:30 p.m. Life in Motion GR 1 p.m. Knitting, Crochet & Embroidery R121 REGISTRATION for JULY PICKLEBALL NON-RESIDENTS	28 10 a.m. Total Body Conditioning GR 11 a.m. Adv. Bridge R121 11:15 a.m. Zumba GR 12:30 p.m. English Conversation R120 1:30 p.m. Open Bridge R120 2:00 p.m. Embracing Aging CR	29 10 a.m. Baton Twirling GR 10 a.m. French Conversation CR 11 a.m.: Tai Chi/ Chair Tai Chi GR 12 p.m. Body & Brain Yoga GR 1 p.m. Scrapbooking R121 2 p.m. Pickleball GR	30 10 a.m. Total Body Conditioning GR 10 a.m. French Conversation CR 10:30 a.m. Beginner Spanish ML 11:15 a.m. Zumba GR 12:30 p.m. Life in Motion GR 2 p.m. Current Events R120		

July 2022

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
AR = Art Room CR = Conference Roo GR = Great Room ML = Media Library R120 = Classroom 120 R121 = Classroom 121 V = VIDEO				1 10 a.m. Barre GR 10:30 a.m. Arts, Crafts & Conversations CR121 10:30 a.m. Gameday CR120 11:30 a.m. La Comunidad Escucha y Apoya CR 1 p.m. Knit., Crochet R121 2 p.m. Brain Gym ML 2 p.m. Pickleball GR	2
4 The AAC will be CLOSED in Observance of Independence Day	5 10 a.m. TBC GR 11 a.m. Retirement Support Group CR 11 a.m. Adv. Bridge R121 11:15 a.m. Zumba GR 12:30 p.m. English Conversation R120 1:30 p.m. Open Bridge R120 2:00 p.m. Embracing Aging CR	6 10 a.m. Baton Twirling GR 10 a.m. French Conversation R120 11 a.m.: Tai Chi/ Chair Tai Chi GR 11 a.m. Golden Passport 12 p.m. Body & Brain Yoga GR 1 p.m. Scrapbooking R121 2 p.m. Pickleball GR	7 10 a.m. Total Body Conditioning GR 10 a.m. French Conversation CR 10:30 a.m. Drawing & Painting AR 11:15 a.m. Zumba GR 12:30 p.m. Life in Motion GR 2 p.m. Current Events R120 4 p.m. Senior Advisory Board Meeting CR	8 10 a.m. Barre GR 10:30 a.m. Arts, Crafts & Conversations CR121 10:30 a.m. Gameday CR120 1 p.m. Knitting, Crochet & Embroidery R121 2 p.m. Brain Gym ML 2 p.m. Pickleball GR	9
11 10 a.m. Pilates GR 10:30 a.m. Drawing & Painting AR 11:15 a.m. Line Dance GR 12:30 p.m. Life in Motion GR 1 p.m. Knitting, Crochet & Embroidery R121	12 10 a.m. TBC GR 11 a.m. Adv. Bridge R121 11:15 a.m. Zumba GR 12:30 p.m. English Conversation R120 1:30 p.m. Open Bridge R121 2:00 p.m. Embracing Aging CR	13 10 a.m. Baton Twirling 10 a.m. French Conversation R120 11 a.m.: Tai Chi/ Chair Tai Chi GR 11:30 a.m. Spanish Book Club CR 12 p.m. Body & Brain Yoga GR 1 p.m. Scrapbooking R120 R121 2 p.m. Pickleball GR	14 10 a.m. Total Body Conditioning GR 10 a.m. French Conversation R120 11:15 a.m. Zumba GR 12:30 p.m. Life in Motion 2 p.m. Current Events R120 4:30 p.m. MS Support Group R120	15 10 a.m. Barre GR 10:30 a.m. Arts, Crafts & Conversations CR121 10:30 a.m. Gameday CR120 1 p.m. Knitting, Crochet & Embroidery R121 2 p.m. Brain Gym 2 p.m. Pickleball GR	16
18 10 a.m. Pilates GR 10:30 a.m. Drawing & Painting AR 11:15 a.m. Line Dance GR 12:30 p.m. Life in Motion GR 1 p.m. Knitting, Crochet & Embroidery R121 REGISTRATION for JULY PICKLEBALL RESIDENTS	19 10 a.m. TBC GR 11 a.m. Adv. Bridge R121 11:15 a.m. Zumba GR 12:30 p.m. English Conversation R120 1:30 p.m. Open Bridge R120 2:00 p.m. Embracing Aging CR	20 10 a.m. Baton Twirling GR 10 a.m. French Conversation CR 11 a.m.: Tai Chi/ Chair Tai Chi GR 11 a.m. Golden Passport 12 p.m. Body & Brain Yoga GR 1 p.m. Scrapbooking R121 2 p.m. Pickleball GR	21 10 a.m. Total Body Conditioning GR 10 a.m. French Conversation CR 11:15 a.m. Zumba GR 12:30 p.m. Life in Motion GR 2 p.m. Current Events R120	22 10 a.m. Barre GR 10:30 a.m. Arts, Crafts & Conversations CR121 10:30 a.m. Gameday CR120 1 p.m. Knitting, Crochet & Embroidery R121 2 p.m. Brain Gym ML 2 p.m. Pickleball GR	23
25 10 a.m. Pilates GR 10:30 a.m. Drawing & Painting AR 11:15 a.m. Line Dance GR 12:30 p.m. Life in Motion GR 1 p.m. Knitting, Crochet & Embroidery R121 REGISTRATION for JULY PICKLEBALL NON-RESIDENTS	26 10 a.m. TBC GR 11 a.m. Adv. Bridge R121 11:15 a.m. Zumba GR 12:30 p.m. English Conversation R120 1:30 p.m. Open Bridge R120 2:00 p.m. Embracing Aging CR	27 10 a.m. Baton Twirling GR 10 a.m. French Conversation CR 11 a.m.: Tai Chi/ Chair Tai Chi GR 11 a.m. Golden Passport 12 p.m. Body & Brain Yoga GR 1 p.m. Scrapbooking R121 2 p.m. Pickleball GR	28 10 a.m. Total Body Conditioning GR 10 a.m. French Conversation CR 11:15 a.m. Zumba GR 12:30 p.m. Life in Motion GR 2 p.m. Current Events R120	29 10 a.m. Barre GR 10:30 a.m. Arts, Crafts & Conversations CR121 10:30 a.m. Gameday CR120 11:30 a.m. La Comunidad Escucha y Apoya CR 1 p.m. Knit., Crochet R121 2 p.m. Brain Gym ML 2 p.m. Pickleball GR	30

August 2022

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 	2 10 a.m. TBC GR 11 a.m. Adv. Bridge R121 11 a.m. Retirement Support Group CR 11:15 a.m. Zumba GR 12:30 p.m. English Conversation R120 1:30 p.m. Open Bridge R120 2:00 p.m. Embracing Aging CR	3 10 a.m. Baton Twirling GR 10 a.m. French Conversation R120 12 p.m. Body & Brain Yoga GR 1 p.m. Scrapbooking R121 2 p.m. Pickleball GR	4 10 a.m. Total Body Conditioning GR 10 a.m. French Conversation CR 11:15 a.m. Zumba GR 12:30 p.m. Life in Motion GR 2 p.m. Current Events R120 4 p.m. Senior Advisory Board Meeting CR	5 10 a.m. Barre GR 10:30 a.m. Arts, Crafts & Conversations AR 10:30 a.m. Gameday CR120 11:30 a.m. La Comunidad Escucha y Apoya CR 1 p.m. Knitting, Crochet & Embroidery R121 2 p.m. Brain Gym ML 2 p.m. Pickleball GR	6
8 10 a.m. Pilates GR 10:30 a.m. Drawing & Painting AR 11:15 a.m. Line Dance GR 12:30 p.m. Life in Motion GR 1 p.m. Knitting, Crochet & Embroidery R121	9 10 a.m. Total Body Conditioning GR 11 a.m. Advanced Bridge R121 11:15 a.m. Zumba GR 12:30 p.m. English Conversation R120 1:30 p.m. Open Bridge R120 2:00 p.m. Embracing Aging CR	10 10 a.m. Baton Twirling GR 10 a.m. French Conversation R120 11 a.m. Golden Pass 11:30 a.m. Spanish Book Club CR 12 p.m. Body & Brain Yoga GR 1 p.m. Scrapbooking R121 2 p.m. Pickleball GR	11 10 a.m. Total Body Conditioning GR 10 a.m. French Conv. R120 11:15 a.m. Zumba GR 12:30 p.m. Life in Motion GR 2 p.m. Current Events R120 4:30 p.m. MS Support Group R121	12 10 a.m. Barre 10:30 a.m. Arts, Crafts & Conversations AR 10:30 a.m. Gameday CR120 1 p.m. Knitting, Crochet & Embroidery R121 2 p.m. Brain Gym ML 2 p.m. Pickleball GR	13
15 10 a.m. Pilates GR V 10:30 a.m. Drawing & Painting AR 11:15 a.m. Line Dance GR V 12:30 p.m. Life in Motion GR V 1 p.m. Knitting, Crochet & Embroidery R121	16 10 a.m. Total Body Conditioning GR V 11 a.m. Advanced Bridge R121 11:15 a.m. Zumba GR V 12:30 p.m. English Conversation R120 1:30 p.m. Open Bridge R120 2:00 p.m. Embracing Aging CR	17 10 a.m. Baton Twirling GR 10 a.m. French Conversation CR 12 p.m. Body & Brain Yoga GR 1 p.m. Scrapbooking R121 2 p.m. Pickleball GR	18 10 a.m. Total Body Conditioning GR V 10 a.m. French Conv. CR 11:15 a.m. Zumba GR V 12:30 p.m. Life in Motion GR V 2 p.m. Current Events R120	19 10 a.m. Barre 10:30 a.m. Arts, Crafts & Conversations AR 10:30 a.m. Gameday CR120 1 p.m. Knitting, Crochet & Embroidery R121 2 p.m. Brain Gym ML 2 p.m. Pickleball GR	20
22 10 a.m. Pilates GR V 11:15 a.m. Line Dance CR V 12:30 p.m. Life in Motion CR V 1 p.m. Knitting, Crochet & Embroidery R121	23 10 a.m. Total Body Conditioning GR 11 a.m. Advanced Bridge R121 11:15 a.m. Zumba GR 12:30 p.m. English Conversation R120 1:30 p.m. Open Bridge R120 2:00 p.m. Embracing Aging CR	24 10 a.m. Baton Twirling GR 10 a.m. French Conversation CR 11 a.m. Golden Passport 12 p.m. Body & Brain Yoga GR 1 p.m. Scrapbooking R120 2 p.m. Pickleball GR	25 10 a.m. Total Body Conditioning GR 10 a.m. French Conv. CR 11:15 a.m. Zumba GR 12:30 p.m. Life in Motion GR 2 p.m. Current Events R120	26 10 a.m. Barre GR 10:30 a.m. Arts, Crafts & Conversations AR 10:30 a.m. Gameday CR120 11:30 a.m. La Comunidad Escucha y Apoya CR 1 p.m. Knitting, Crochet & Embroidery R121 2 p.m. Brain Gym ML 2 p.m. Pickleball GR	27
29 10 a.m. Pilates GR 10:30 a.m. Drawing & Painting AR 11:15 a.m. Line Dance GR 12:30 p.m. Life in Motion GR 1 p.m. Knitting, Crochet & Embroidery R121	30 10 a.m. TBC GR 11 a.m. Adv. Bridge R121 11:15 a.m. Zumba GR 12:30 p.m. English Conv. R120 1:30 p.m. Open Bridge R120 2:00 p.m. Embracing Aging CR	31 10 a.m. Baton Twirling GR 10 a.m. French Conversation CR 12 p.m. Body & Brain Yoga GR 1 p.m. Scrapbooking R121 2 p.m. Pickleball GR	AR = Art Room CR = Conference Room GR = Great Room ML = Media Library R120 = Classroom 120 R121 = Classroom 121 V = VIDEO		